

## Crystal Meth Workshop

*Wednesday, Oct 16 @ 10:30 am*

*The Venue*

Crystal meth is short for crystal methamphetamine. It is just one form of the drug methamphetamine. Methamphetamine is a white crystalline drug that people take by snorting it (inhaling through the nose), smoking it or injecting it with a needle. Some even take it orally, but all develop a strong desire to continue using it because the drug creates a false sense of happiness and well-being—a rush (strong feeling) of confidence, hyper activeness and energy. One also experiences decreased appetite. While the drug effects generally last from six to eight hours, it can last up to twenty-four hours. The first experience might involve some pleasure, but from the start, methamphetamine begins to destroy the user's life.

Nechi recognizes the importance of educating our people and communities to collaborate and find ways to combat the addiction to crystal meth, so that those addicted can recover and gain control over their lives once more.

### The topics covered in this workshop include:

- ▲ *Discussion on the history of methamphetamine.*
- ▲ *Identify what crystal meth is.*
- ▲ *The dynamics of crystal meth use and effects on the body.*
- ▲ *Explore crystal meth use and youth-child endangerment.*
- ▲ *The results of damage caused by crystal meth production in homes.*
- ▲ *Prevention, awareness, and community education*



### Workshop Presenter: Gordon Butterfly *Crystal Meth*

Gordon received his education at Nechi Institute in program management, trainer of trainers, pharmacology, Community Addictions Training, Advanced Counselor, Indigenous Addictions Service Diploma. 13 yrs recovery/experience in the Mental Health & Human services. Gordon has the desire to assist and help our people to grow, heal and continue on the journey to recovery for a better life.