



INTRODUCTION TO ADDICTIONS COUNSELLING (IAC)

September 1 2020 – March 19, 2021

	Course No.	Course Name	Date	No. of Hours
FALL 2020		Program Orientation and Sweatlodge Ceremony	Sept. 1 – 4 2020	4
	IAC 100 (CAT 1)	Communication and Ethics	September 14 - 18	40
	IAC 101 (CAT 2)	Addictions	Sept 28 – Oct 2	40
	IAC 102 (CAT 3)	Family Disease	October 12 - 16	40
	IAC 103 (CAT 4)	Assessment & Intervention	October 26 - 30	40
		Sweat Lodge Ceremony	November 1	4
	IAC 104 (CAT 5)	Treatment	November 9 - 13	40
	IAC 105 (CAT 6)	Aftercare	Nov 23 - 27	40
	IAC 106 (CAT 7)	Personal Growth	December 7 - 11	40
Winter 2021	IAC 107 (CAT 8)	Prevention	January 4 - 8, 2021	40
		Sweat Lodge Ceremony	January 17	4
	IAC 108 (ACT 1)	One to One Counselling	January 18 - 22	45
	IAC 109 (ACT 2)	Family Dynamics	February 1 – 5	45
	IAC 110 (ACT 3)	Group Dynamics	February 15 - 19	45
	IAC 111 (ACT 4)	Suicide, Prevention and Grieving	March 1 - 5	45
	IAC 112 (ACT 5)	Culture and Traditional Values	March 15 - 19	45
		Sweat Lodge Ceremony	March 21	4
		Total hours		561

PLEASE NOTE: It is mandatory for students to participate in evening support group meetings for each training session to make up the hours required for certification.

Approved May 2020

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